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**Andrew Hopgood** loved drawing and painting as a child and just never stopped. He lives in Melbourne, Australia, with his wife Ally (who also loves drawing and painting) and his two boys, Bailey and Miles, who still can't believe he gets paid to draw pictures. Andrew has illustrated for books, stamps, jigsaws, packaging, and advertising. In 2022, he held his first solo exhibition of paintings and sculptures in Collingwood, Melbourne, Australia.

## ADVANCE INFORMATION SHEET

### Let's Go Exploring

By Sue Wiedermann

Illustrated by Andrew Hopgood

Readers find animals and objects as two children explore the natural environment in this book for emerging readers with yoga poses.

Follow two children as they set off on an adventure to explore their neighborhood. Share their delight as they discover and connect with the natural environment. This book, with detailed digital gouache illustrations encourages children to explore nature, look closely to find the creatures and objects listed, and teaches them a variety of yoga poses.

- Encourages children to go outside and explore the natural world.
- Inspires children to look closely at the illustrations to find the creatures and items listed in the text, while teaching the names of these.
- Shows children a variety of yoga poses and encourages them to move their body.

**Sue Wiedermann** has over 30 years' experience as an Early Childhood Teacher. Storytelling has always been an important aspect of her teaching, as she believes it is such a great way to initiate and maintain engagement with children. Stories are the beginnings of future learning about ourselves, our interactions with others, and about the world in which we live. Sue has practiced yoga for many years and has recently become a yoga and meditation teacher, with a special interest in yoga for children. She hopes that her stories may invite and encourage young children to explore and use their imagination in the great outdoors. She believes that we need to help children understand their ecological identity, so they see themselves as an integral part of the natural world and not superior to it. This in turn may help to develop future caretakers of our planet.

