



Make it All Go Away

Helen Docherty

Illustrated by Taylor Barron



Perfectly Norman meets *The Worrysaurus*

Join Melodie on a day out with her family as she visits the pungent market, noisy bathroom, too brightly-lit mall and overly crowded park, and gets progressively overwhelmed as the day continues.

Inspired by Docherty's daughter's experiences of sensory overload, the story ensures that children who also experience sensory overload can feel represented and neurotypical children can be introduced to why their friends and family sometimes get overwhelmed.

Includes an informative spread on key terms such as masking, stims and sensory overload. **Endorsements received from Lisa Varchol Perron, Naomi Jones, Allie Millington and Sally J Pla.**

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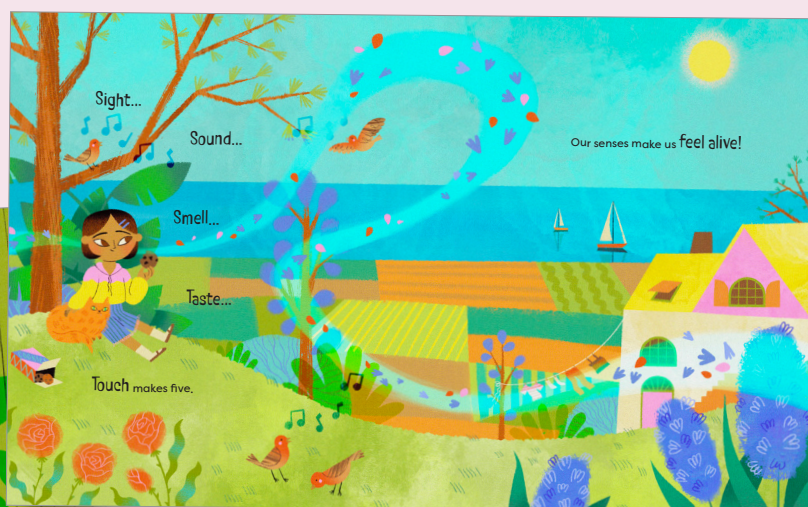
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THEMA CODE: YXEJ

AGE RANGE: 4–8 years

HELEN DOCHERTY is an award-winning children's writer based in Swansea, UK. Her previous books include *The Snatchabook*, *The Storybook Knight* and *Someone Just Like You*. Helen is very well known in South Wales! Find out more: athelendocherty.com

TAYLOR BARRON is an artist and illustrator who spends her time between Seattle, USA and Paris, France. Her previous books include *How Are You*, *Verity?*, *On the Bright Side* and *Your Life Matters*. Find out more: www.taylorbarron.com



"A wonderfully fun read and a much-needed addition to your social-emotional learning book collection."

Phyllis Harris, Author-Illustrator of *The Gift Shop Bear*